10 reasons to enroll

B.S. Psychology Program

Classes one night a week in Palos Heights
Why choose Trinity?

1. Various Opportunities
   The Adult Studies Psychology program at Trinity Christian College assists students in developing the theoretical insight and professional skills that enable them to enter graduate study and to serve in a variety of psychology-related careers and professions. With a B.S. in Psychology, students are eligible for entry level positions in agencies that deal with counseling, youth work, child care, or corrections.

2. Foundation for Graduate Study
   Your advancement in the field of psychology is greatly enhanced with the completion of graduate studies. Graduates of the Adult Studies Psychology program can move seamlessly into Trinity’s Master of Arts in Counseling Psychology program.

3. Faith-Based Perspective
   At Trinity Christian College, we recognize that “the earth is the Lord’s and everything in it” (Ps 24:1). As a result, everything that we do - from academics to service to community - integrates our faith. The program offers a Christian perspective on psychology.

4. A Schedule That Fits Your Life
   You will attend class one night a week, from 6-10 PM, on the same night each week. Classes are 6 weeks in length, allowing you to concentrate on one class at a time. You will finish the program in two years.

5. Cohorts of Adult Students
   The Psychology program curriculum is designed for adults like you. You will learn with a cohort - the same group of about 20 students - throughout the entire program, allowing you to form friendships and develop a support system.
Supportive Faculty
All courses are taught by professors who have experience in various disciplines of psychology. Your professors are dedicated to assisting you, and if you have questions outside of class, they will be able to help you. Your professors will know your name and will help you reach your goal of completing your psychology degree.

Academic Support
Students have access to academic support and tutoring provided by the Office of Learning Services. If you need assistance with writing papers, resources are readily available. A reference librarian will be able to help you when conducting research. Students receive career guidance through the Cooper Center.

Convenient Location
Classes in the Adult Studies Psychology Program meet on Trinity’s main campus in Palos Heights. The campus is easily accessible from the interstate and has free, on-site parking.

Affordable Tuition
Trinity’s tuition is affordable, and payment plans are available. Once you are admitted into the program, the financial aid department will contact you to discuss the financial aid options and process.

A Lifetime of Value
The value of learning, the experiences and the spiritual and personal growth that occur at Trinity cannot be measured in dollar amounts. But you should also consider the economic value of a college degree. The average earnings for a bachelor’s degree-holder remain nearly twice as much as those of a worker with only a high school diploma.


Trinity Christian College - it’s not just a name.
It’s an experience and a community of people who will support you every step along the way.
You matter to us, and we will help you succeed.
Ready to begin

We look forward to having you join an upcoming Psychology cohort!

After you have reviewed the information in this brochure, follow these simple steps to begin the admissions process. We will conduct a transcript evaluation once we receive your information and call you to discuss your next step in the admissions process. If you have any questions, please call our office.

1  **Apply online at apply.trnty.edu, or complete the enclosed application.**

2  **Contact the college(s) that you have previously attended and request your official transcripts.**

   No matter how many college courses you have previously completed, whether it is one course or a degree, our transcript evaluation will let you know which of your courses will transfer to Trinity and which courses you still need to take in addition to the Adult Studies program.

   If you have attended college outside of the United States, those transcripts will need to be evaluated by Educational Credential Evaluators Inc. For information, visit their website: www.ece.org

3  **Mail transcripts, application, and $25 application fee to:**
    Trinity Christian College/Adult Studies
    6601 W. College Drive
    Palos Heights, IL 60463

Trinity Christian College is accredited by the Higher Learning Commission (HLC) and a member of the North Central Association (www.ncahlc.org).
Requirements

To enter the Adult Studies Psychology program, you must be age 23 or over and have completed at least 45 semester hours of previous college coursework. Course grade must be a “C” or better in order to transfer. Specific courses needed outside of Trinity’s program:

**GENERAL EDUCATION REQUIREMENTS**
- American History ^
- Biological Science, with lab *
- English Literature *
- Physical Science, with lab *
- Cross-Cultural Studies *
- English Composition
- Western Civilization ^
- Fine Arts*
- Electives

**PSYCHOLOGY PREREQUISITES**
- Introduction to Psychology
- Statistics (complete prior to PSY 222)

* = waived with AA or AS degree; ^ = one is waived with AA or AS degree

Course of Study

Trinity balances the traditional approach to psychology as a natural science with one that focuses on human experience, selfhood, and relationships among individuals. The program is designed in a sequence of courses:

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Course Name</th>
<th>Course Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>APSY 122</td>
<td>Basic Research Methods</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 123</td>
<td>Life-Span Development</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 201</td>
<td>The Psychology of Personal Growth</td>
<td>3 credits</td>
</tr>
<tr>
<td>ATHL103</td>
<td>Biblical Perspectives</td>
<td>2 credits</td>
</tr>
<tr>
<td>APSY 211</td>
<td>Basic Helping Skills</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 222</td>
<td>Statistical Reasoning for the Behavioral Sciences</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 252</td>
<td>Cross-cultural Psychology</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 322</td>
<td>Psychopathology</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 444</td>
<td>Applied Behavior Analysis</td>
<td>3 credits</td>
</tr>
<tr>
<td>APHL104</td>
<td>Christian Worldview</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 332</td>
<td>Social Psychology</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 353</td>
<td>Brain and Cognition: Human Neuropsychology</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 323</td>
<td>Theories of Personality</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 358</td>
<td>Capstone</td>
<td>3 credits</td>
</tr>
<tr>
<td>APSY 400</td>
<td>Field Education</td>
<td>4 credits</td>
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Program Total 45 credits
### Course Descriptions

**APSY 122  Basic Research Methods**  
The focus of this course is an explanation of the experimental method as a tool for examining causation, and will cover (1) the purpose and use of basic research designs, (2) the role of statistical analysis in research, (3) the use of library resources, and (4) proper use of the APA writing style.

**APSY 123  Life Span Development**  
This course is a study of the developmental characteristics of the human life-cycle from birth to old age and an introduction to the major psychological theories of development.

**APSY 201  Personal Growth**  
This investigation of the dynamics of personal functioning and change includes an examination of the relationship between attitudes, emotions, and behaviors.

**APHL 104  Christian Worldview**  
This course introduces the adult learner to themselves, the worldviews that have shaped them and an alternative: a Biblical world and life view. This course involves self-examination, a study of worldviews that have dominated Western culture (both past and present) and an introduction to a Biblical framework that answers life’s basic questions.

**APSY 211  Basic Helping Skills**  
Students study and evaluate the essentials of helping relationships and the behaviors, attitudes, and emotions that promote helping. Students are required to practice the various skills discussed in class. Case studies of major psychotherapeutic approaches are also examined.

**APSY 222  Stats for the Behavioral Sciences**  
This class will cover statistical concepts and their use in the analysis of data and making causal/functional inferences within behavioral science research. The importance of research methodology to clinical and applied areas of psychology will be discussed.

**APSY 252  Cross-cultural Psychology**  
This course examines the relationships between culture, personality, and human behavior. Psychological theories and research aimed toward the understanding of human behavior in the context of cultural and ethnic diversity are the primary focus of the course.

**APSY 322  Psychopathology**  
Students study the symptoms, possible causes, and treatments of the major clinically relevant psychological disorders, paying special attention to current theories and the types of effective therapy employed.

**APSY 244  Applied Behavior Analysis**  
Students study and evaluate the assumptions and methods of behavior analysis and behavior modification techniques. Research findings related to the behavior therapies, including techniques based on associative and operant conditioning and more recent “cognitive” or language-based behavioral therapies will be addressed.

**APSY 222  Stats for the Behavioral Sciences**  
This class will cover statistical concepts and their use in the analysis of data and making causal/functional inferences within behavioral science research. The importance of research methodology to clinical and applied areas of psychology will be discussed.

**APSY 332  Social Psychology**  
This course considers the nature and the psychology of different social relationships. Such topics as attraction, cooperation, person perception, bargaining, and social influence are investigated.

**APSY 353  Brain and Cognition**  
This course will focus on the role of human brain functioning in cognitive and psychological processes. Main topics will include the basic cortical areas of the human brain, how various cognitive functions are currently thought to relate to specific brain regions, and the relationship between damage to the regions and the resulting cognitive, emotional, and behavioral changes.

**APSY 323  Theories of Personality**  
This critical exposition of the personality theories of Freud, Jung, Adler, Horney, Sullivan, Rogers, and others includes a further consideration of the development of a Christian anthropology, especially in relation to personality, psychic disorders, and psychotherapeutic counseling.

**APSY 358  Capstone**  
Students will reflect and articulate an understanding of psychology from the philosophical, ethical and historical aspects of a Christian worldview.

**APSY 400  Field Education**  
Students engage in a paraprofessional work experience in an off-campus setting or complete a supervised research project. Students may choose one of these options based on career objectives, level of experience and preference, subject to faculty supervisor’s approval.