Yesterday the twig was brown and bare;
To-day the glint of green is there;
Tomorrow will be leaflets spare;
I know no thing so wondrous fair,
No miracle so strangely rare.
I wonder what will next be there!
~L.H. Bailey

Spring is in the air, and I’m excited about all of the new opportunities! The spring semester includes many thought-provoking classes, inspiring local trips, and some great opportunities to do a little traveling!

SALT has no membership fee, and for your convenience, classes and trips do not overlap, providing the opportunity to enroll in as many as you wish. SALT is open to all enthusiasts who wish to enrich their lives through learning, traveling, and developing new friendships.

I look forward to seeing all the familiar faces again this year, as well as all of the new ones.

Ruth De Bruyn
Development Coordinator
SALT Program at Trinity Christian College
708.239.4827
ruth.debruyn@trnty.edu
2014 CHICAGO FLOWER & GARDEN SHOW  
Friday, March 21  
Depart Ozinga Chapel by motor coach at 10:00 a.m.,  
return around 4:45 p.m. (coffee served at 9:45 a.m.)  
Cost: $65  
The Flower & Garden Show has been Chicago’s first sign of spring after a long and cold winter since 1847. Join us for inspiration, magnificent gardens, and an educational garden workshop or cooking demo. We will take home many great ideas! Enjoy the breathtaking views of the Chicago skyline and Lake Michigan while dining at RIVA’s on Navy Pier. Lunch includes the chef’s soup of the day, a mixed green salad, turkey croissant, and a nice sized portion of Tiramisu to enjoy with your hot coffee or tea.

FRANK LLOYD WRIGHT OAK PARK TOUR  
Thursday, April 10  
Depart Ozinga Chapel by motor coach at 8:45 a.m.,  
return around 2:30 p.m. (coffee served at 8:30)  
Cost: $70  
Our trip to beautiful Oak Park, Illinois will include two Frank Lloyd Wright tours and lunch. Our first stop will be a guided interior tour of Frank Lloyd Wright Home and Studio, which served as Wright’s private residence and workplace the first twenty years of his career. His home is filled with original furnishings that demonstrate his passion for controlling all aspects of his structures. We will then board our motor coach for a step-on guided tour of the surrounding historical neighborhood highlighting Wright’s designs. We will dine at Winberie’s in the historic Scoville Square building. The menu will include quiche Lorraine, house salad, fresh fruit, choice of Nestle Toll House pie or bread & raisin pudding, and choice of beverage.

INTERNATIONAL COLLEGE OF SURGEONS MUSEUM & CHICAGO HISTORY MUSEUM  
Thursday, May 8  
Depart Ozinga Chapel by motor coach at 8:30 a.m.,  
return around 3:45 p.m. (coffee served at 8:15 a.m.)  
Tour guide: Ed Bara, Chicago educator  
Cost: $85  
Our first visit will be to the International College of Surgeons Museum to view four floors filled with extraordinary artifacts, as well as paintings and sculptures that interpret the primitive and modern healing practices of Eastern and Western civilizations. We will also tour the historical lakeside mansion located on the grounds. Lunch will be served at the North and Clark Café located in the Chicago Historical Museum. Our buffet will include sandwiches, salad, homemade chips, fruit salad, desserts, and beverages. We will wrap the afternoon up with an educational guided tour at the Chicago History Museum titled the “Chicago Crossroads of America”.

CHICAGO DINNER THEATER  
Wednesday, May 28  
Depart Ozinga Chapel by motor coach at 4:30 p.m., return around 11:15 p.m.  
Cost: $95  
Chicago Shakespeare Theater on Navy Pier presents HENRY V. Shakespeare’s epic history play filled with rallies to battle and wartime crises tells the legendary coming-of-age story of the charismatic monarch. Henry V is confronted by the ferocity of war, and against all odds, proves his worth as a man and king, celebrating the power of language to summon battlefields from thin air and ignite our souls to action. Before the play, we will dine at RIVA’s on Navy Pier overlooking the scenic Lake Michigan. Our menu will include salad, choice of rib eye steak with mashed potatoes and Portobello sauce or lemon chicken with mashed potatoes, vanilla gelato, and choice of beverage.
BOOK DISCUSSION

ORPHAN TRAIN by Christina Baker Kline
Thursday, May 15 at 10:00 a.m.
Discussion leader: Cleo Lampos, M.Ed., author
Location: Administration Building’s Fireside Room

Set in present-day Maine and Depression-era Minnesota, Orphan Train highlights the real-life story of the trains that between 1854 and 1929 carried more than 200,000 abandoned children from the East Coast to the Midwest. Kline imagines the journey of one such child, Vivian Daly, an Irish immigrant whose fate is determined by luck and chance. Orphan Train is the story of an unlikely friendship between 91-year-old Vivian Daly, whose experiences are far behind her, and Molly Ayer, a 17-year-old Penobscot Indian girl whose own troubled adolescence leads her to seek answers to questions no one has ever asked.

- No fee  •  Registration required
- Complimentary refreshments provided
- Book available for purchase at Trinity’s Bootsma Bookstore Café or at your local library

FREE EVENTS

SALT BREAKFAST CLUB

Friday, May 23 from 10-11:00 a.m.
Location: Ozinga Chapel

SALT is excited to welcome guest speaker, Priscilla Steinmetz, executive director and founder of the Bridge Teen Center “BTC” located in Orland Park, Illinois. The BTC is a unique place where both teens and adults can enrich themselves and build strong relationships with their families and communities. Steinmetz was recently selected for the John C. Maxwell Leadership Award, has earned the title Ambassador for the Afterschool Alliance, and has spoken to members of Congress on Capitol Hill and all over the country. Besides Steinmetz’s many accomplishments, the BTC was recently honored for having one of the most unique and innovative teen-exclusive afterschool programs in the nation.

- No fee  •  Registration required
- Complimentary refreshments provided

TRAVEL

NIAGARA FALLS ADVENTURE
June 24–28, 2014  •  Cost: $1,439 (register by Feb. 26 for discounted rate)
Cost includes deluxe motorcoach transportation, first-class hotels, full breakfast and dinner daily (including dinner at the Skylon Tower), sightseeing and admissions, tour manager, all tips and taxes.

THE SIGHTS, SOUND, AND SCENERY OF MICHIGAN
October 8-11, 2014  •  Cost: $1,269 (register by April 15 for discounted rate)
Cost includes deluxe motorcoach, first-class hotels, breakfast and dinner daily, 3 lunches, sightseeing and admissions, tour manager, all tips and taxes.

ALASKA BY LAND AND SEA
Trinity SALT is heading north to Alaska in August or September of 2015. Our trip will combine a seven-night cruise through the spectacular Inside Passage plus a visit to the Denali National Park and the site of Mount McKinley, the highest mountain in North America. This tour boasts a great mix of the beautiful Alaskan scenery, its majestic wildlife, and its various port towns and city life. This cruise will be an amazing adventure for all!

Discounted Rates Available for Prompt Registration on the above Travel. Registration Now Open.

Three ways to receive a detailed brochure on trips:
1) Fill out the form on page 10,  2) visit www.trnty.edu/SALT,  3) contact ruth.debruyn@trnty.edu or 708.239.4827.
ALMOST PIONEERS: ONE COUPLE’S HOMESTEADING ADVENTURE IN THE WEST
Tuesdays, April 15 (4 weeks) 11:00 a.m.-12:15 p.m.
Instructor: Dr. John Fry, professor of history
Location: Heritage Science Center - Rm 200
Fee: $36
In the fall of 1913, Laura and Earle Smith, a young Iowa couple, decided to homestead in Wyoming. There, they built their first house—a claim shanty half dug out of the ground—hauled water from a spring over a half-mile away, and fought off rattlesnakes and boredom on a daily basis. Soon, other families moved to nearby homesteads, the neighborhood built its first public schoolhouse, celebrated the Fourth of July together, and the community grew. Sometime after the mid-1930s, Laura wrote a memoir of their time in Wyoming, a true story that captures the pioneer spirit of the era and community building against daunting odds. Dr. Fry has edited the book and in this class will discuss the many challenges of the homesteaders. The book will be available for $15 the first day of class or earlier at the Bootsma Bookstore Café.

INTRODUCTION TO APPLE IPHONE & IPAD
Tuesdays, April 15 (4 weeks) 2:00-3:30 p.m.
Instructor: Doug Van Wyngarden, Trinity systems administrator
Location: Classroom 202
Fee: $36
Technology is becoming increasingly prevalent in our everyday lives, and smartphones and tablets are leading the way. Come join us as we take a closer look at two of today’s most popular devices—Apple’s iPhone and iPad. This introductory course will offer participants hands-on experience and provide a demonstration and instruction on how to use your device to connect to your email and wireless networks, take photos and videos, use the App Store, and even video chat. Participants are encouraged to bring their own device, but it is not required. This class is designed for those who already own either Apple device.

DEMENTIA WITH DIGNITY: Understanding the World of Alzheimer’s Disease and Related Dementias
Tuesdays, April 15 (3 weeks) 3:45-5:00 p.m.
Instructor: Linda Schutt, MSN, RN, VP of Education, Providence Life Services
Location: Classroom 205
Fee: $28
This interactive program is designed to provide insights into the diagnosis, experience, and progression of Alzheimer’s disease and other dementias. It will also include explanations of early warning signs and types of dementia, with a special focus on Alzheimer’s disease. Brain changes that occur will be explained, and associated personality and behavior changes will be discussed. Practical insights into managing and preventing challenging behavior will be presented, along with effective communication techniques. Current treatments, research initiatives, and caregiver support will also be addressed.

AFFORDABLE CARE ACT AND YOU
(Commonly referred to as Obamacare)
Wednesdays, April 16 (3 weeks) 10:30-11:45 a.m.
Instructor: Samantha Schultz, J.D., professor of political science
Location: Classroom 202
Fee: $28
With the Affordable Care Act coming into full swing these past few months, this class will take a look at how it has progressed, where it’s headed, and what kind of changes we have seen and can continue to see. Expect rousing discussion, helpful information, and a chance to voice your opinion on one of the most hot-button topics of the past year.

HOLLYWOOD AND THE CIVIL WAR – FACT OR FICTION?
Wednesdays, April 16 (3 weeks) 2:00-3:15 p.m.
Instructor: Dennis Nielsen, educator & administrator, Frankfort SD 157-C
Location: DeVos Center-Room 136
Fee: $28
The Civil War has had a major impact upon the American film industry. Civil War themed subjects have existed starting with “Birth of a Nation” (1915), through “Gone with the Wind” (1939), up to today’s “Lincoln” (2012). These movies have always been a reflection of America in the years in which they were made. We will analyze and discuss many of these films and see what Hollywood got right (and wrong) about the Civil War.
BEHIND THE HEADLINES  
Wednesday, April 16 (6 weeks)  
3:45-5:00 p.m.  
Discussion leader: Tom Panush, retired county sheriff  
Location: DeVos Center-Room 136  
Fee: $56  
Tom’s classroom is always full to capacity and buzzing with high-spirited discussion! He keeps his audience entertained with his wit and energy while discussing news stories both large and small. This class will cover all news fit to print, read, or discuss – local, national, and international. You are invited to join the lively intellectual debate or sit back and enjoy the good-humored exchange. As a retired public servant, Tom has an insider’s view that is sure to broaden your horizons—and your smile! Special guest speakers scheduled.

CONFLICT IN THE MIDDLE EAST – PAST, PRESENT, FUTURE  
Thursdays, April 17 (3 weeks)  
2:00-3:15 p.m.  
Instructor: Dr. George Pierson, professor of philosophy  
Location: Classroom 205  
Fee: $28  
One of the most enduring conflicts in our lifetime has been the conflicts in the Middle East, especially the Israeli-Palestinian conflict. How did things reach their current state? What is happening right now in the Middle East? And what does the future hold? Between the U.S. support for Israel, the 9/11 attacks, and the Arab Spring, these questions are on the minds of many Americans. Join Dr. Pierson as he attempts to answer these questions.

ESSENCE OF YOGA  
Thursdays, April 17 (3 weeks)  
9:30-10:45 a.m.  
Instructor: Sandy Bianco, certified Yoga instructor  
Location: Ozinga Chapel, Van Name Recital Hall  
Fee: $28  
Yoga is an elegant time-honored system for integrating the body, mind, and spirit into a unified peaceful whole. No matter your age, state of health, or state of mind, you will experience a sense of vitality and well-being, gaining insights that will help you lead a healthier, more fulfilling, and joyful life. Classes are led in a step-by-step style that will work for everyone. Participants should wear comfortable clothing and bring a yoga mat or towel.

A CIVIL ENGINEERING WONDER OF THE WORLD - CHICAGO WATERWAYS  
Fridays, April 18 (3 weeks)  
10:00-11:15 a.m.  
Instructor: Ed Bara, American history educator  
Location: Classroom 202  
Fee: $28  
The history of the Chicago River is one of the most important features of Chicago history. In 1900 the direction of the river’s flow was reversed, an amazing feat that seemed impossible at the time. This reversal prevented yearly deaths of thousands of Chicago residents from waterborne diseases such as typhoid and cholera and enabled Chicago to become the great city it is today! This civil engineering wonder opened up the Sanitary and Ship Canal and additional waterways, making Chicago a major transportation route for the midcontinent. Join us for an in-depth discussion on this amazing feat!

THE LITERATURE OF THE HEBREW PROPHETS  
Thursdays, April 17 (3 weeks)  
3:45-5:00 p.m.  
Instructor: Robert Ismon Brown, M.A., pastor of adult education  
Location: Classroom 205  
Fee: $28  
This course explores the world and words of both the oral and writing prophets of the Hebrew Bible (Old Testament). By sampling representative texts, we develop an appreciation for the prophets as uncredentialed persons of their times who spoke and wrote as dramatists and poets, prosecutors and advocates, preachers and counselors, observers and participants. The prophets have a contemporary message, though expressed in an ancient time. They speak truth to power, life to death, an unsettling word to comfortable people, and imagine the future as different from the present. Several recurring themes appear in these texts, and the course looks at their form and function in the life of Israel, and, possibly, for our time. Students are encouraged to bring a copy of the Old Testament (Hebrew Bible) to class to facilitate reading and discussion of the prophetic passages. The instructor will supplement discussion with select handouts and reading guides.

MIGRATION TO AMERICA  
Tuesdays, May 6 (3 weeks)  
3:45-5:00 p.m.  
Instructor: Dr. Robert Rice, professor of history emeritus  
Location: Classroom 202  
Fee: $28  
America correctly and proudly boasts about being a nation of immigrants. Yet, immigrant stories are filled with hopes and fears, American hospitality and American suspicion. We will examine immigration to America with its peoples, places, issues and stories.
THAT'S DEBATABLE!
Wednesdays, May 7 (3 weeks)
10:00-11:15 a.m.
Instructor: Samantha Schultz, J.D., professor of political science
Location: Classroom 214
Fee: $28
Join this very entertaining class – hear both sides of major political issues and have a chance to voice your own opinion. Backed with research, knowledge, and strong opinions, these debates will entertain, inform, and open dialogue about pressing issues in this day & age.

EMBRACING URBAN WILDLIFE
Wednesdays, May 7 (3 weeks)
2:15 – 3:30 p.m.
Instructor: Gareth Blakesley,
Operations Manager at Lake Katherine
Co-Instructor: Shamim Graff, Public Interpretation Specialist at Lake Katherine
Location: Classroom 202
Fee: $28
As wildlife habitat gives way to urban sprawl, people and wild animals are forced into closer and closer contact. To our surprise, many of the former residents don’t run, but instead adapt to their new circumstances.

Week 1: Urban Wildlife Conflict – dealing with and reducing it, especially as it relates to our homes. Different options will be given on how best to deter certain wildlife and what resources are available should an animal become an issue.
Week 2: Meet Your Neighbors – common urban wildlife; what they eat, where they live, and how they interact. We will discuss which species are invasive, indigenous, and which are foreign to our area.
Week 3: Urban Pollution – common sources and how to mitigate the effects. This class will cover herbicide, pesticide, point source pollution, non-point source pollution, and how these can affect our environment and our health.

WHEELS OF RESCUE
Tuesdays, May 13 (3 weeks)
10:00-11:15 a.m.
Instructor: Cleo Lampos, M.Ed., author, educator, storyteller
Location: Classroom 201
Fee: $28
All aboard for a journey into history. Ride the rails and experience the hope of an omnipresent God in the lives of thousands of children orphaned by war and transported en masse to different lives. Learn practical ways for a person to make a difference in today’s society.

Week 1: Wheels of the Orphan Train. From New York City to the Great Plains, 250,000 homeless children transported to new lives. Ride the passenger car with agent Clara Comstock who found homes for the Children’s Aid Society for 30 years.
Week 2: Wheels of the Kindertransport. As Hitler planned the takeover of Europe, a quiet teacher in England, organized this effort to save a generation of Jews. Duck down in your seat as the bullets zing through the train car.
Week 3: Wheels of the China Express. While World War II raged in China, Gladys Aylward organized a group of orphans to escape to Taiwan. As their solitary guide, Gladys treks across treacherous plains, rugged mountains, and an unbelievable train ride to rescue her wards from Japanese deaths.

CITIZENS FOR NATURE
Thursdays, May 15 (3 weeks)
3:45-5:00 p.m.
Instructor: Gareth Blakesley,
Operations Manager at Lake Katherine
Co-Instructor: Shamim Graff, Public Interpretation Specialist at Lake Katherine
Location: Classroom 202
Fee: $28
Citizen Science is a growing movement across the U.S. Members of the public learn to research a particular species or group of species to help monitor their populations or to help answer questions we have about the natural world. These classes will discuss a selection of local citizen science programs that you could get involved with and help local scientists gather data on a variety of organisms.

Week 1: Project Budburst – monitoring plants as the seasons change. Collecting data on leafing, flowering, and fruiting.
Week 2: Butterfly monitoring – butterflies are beautiful, important pollinators, control the aphid population, and a great source of nutrition for many wildlife.
Week 3: Dragonfly monitoring – dragonflies are very helpful to gardeners and outdoor enthusiasts, keeping the mosquitoes and pesky insect population at bay, as well as reducing the need for pesticides.

For room locations, please refer to map on back cover.
SALT has no membership fee.

**Registration:** Please check seat availability by visiting www.trnty.edu/salt before signing up for a trip. Trips fill up quickly, so early registration is encouraged. Checks should be written to Trinity Christian College.

**Waiting List:** To be added to a trip waiting list, visit www.trnty.edu/salt and click on “Class Availability.”

**Mailing List:** To add a friend or relative to the SALT mailing list, visit www.trnty.edu/salt and click on “Request Information.”

**Trip Discount:** $50 discount for Niagara Falls with registration and deposit by February 26. $50 discount for Michigan Tour with registration and deposit by April 15.

**Confirmation:** A confirmation letter with a parking permit will be sent out prior to the class/trip. Your parking permit must be displayed on your dash board when parking on campus.

**Notifications:** Check SALT link www.trnty.edu/salt for all notifications regarding trip/class cancellations, add-ons, room changes, and special notices.

**Minimum and Maximum:** Some classes/trips have a minimum and/or maximum number of participants. Programs may be cancelled due to low enrollment.

**Refunds and Withdrawals:** There will be a $5.00 service charge on all refunds, except when SALT has cancelled the class or trip, then a full refund will be given. If a participant needs to withdraw from a trip or special event, the SALT office should be given a 5 working day notice. We will do our best to refund as much of your fee as possible; however, some charges paid in advance to other agencies may not be refundable.

**Photographs:** While participating in our various programs, you may be photographed. These photographs are used in a variety of publications and advertising materials. By registering for our programs, participants consent to the use of these pictures.

**Parking:** Trinity Christian College has five general parking lots. For your convenience, it is suggested that you use the Ozinga Chapel or Cheyenne Drive lots. If you have any questions regarding parking contact 708.597.3000. Your Temporary Parking Permit needs to be displayed on your dashboard while parking on college property.

**Donation Drop Off:** SALT has a designated drop off location under the east stairwell in the library building for anyone who wishes to donate to All God’s People, an organization that brings clothes and food to the homeless at State and Van Buren each month.

**Class Visitor Program:** “CVP” offers individuals of all ages to be involved in lifetime learning. CVP students are eligible to register for one traditional college classroom course each semester for a fee of $10.00. For more information, contact the SALT office.

**Advisory Board:** Ruth De Bruyn, Development Coordinator; Marion J. Dykstra ’61; and Dr. Daniel Diephouse, professor emeritus

**UPCOMING ACTIVITIES AT TRINITY**

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<thead>
<tr>
<th>March</th>
<th>May</th>
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<tr>
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<td>1, 2, 3</td>
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<tr>
<td>Southwest Symphony Orchestra</td>
<td>Spring Play: <em>Noises Off</em> by Michael Frayn</td>
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<td>April</td>
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<tr>
<td>Brass Fest</td>
<td>Spring Concert Choir Concert</td>
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<td>11</td>
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<td>Pops Concert</td>
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<td>25, 26</td>
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<td>Spring Play: <em>Noises Off</em> by Michael Frayn</td>
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<tr>
<td>Spring Gospel Choir Concert</td>
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<td>Music Choral</td>
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Call 708.597.3000 for more information.

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SALT IS ON FACEBOOK!

www.facebook.com/SALTatTrinity AND CLICK “LIKE”
## COURSES

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<thead>
<tr>
<th>Course</th>
<th>Fee</th>
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<tr>
<td>BOOK DISCUSSION ORPHAN TRAIN</td>
<td>Free</td>
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## DAY EVENTS

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## TRAVEL

See Next Page

## TOTAL ENCLOSED

$ __________

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### PAYMENT METHOD

- Enclosed is a check written to Trinity Christian College in the amount of $ __________.
- Charge my credit card  
  - Mastercard  
  - Visa  
  - Discover

Card No. ____________________________________________
Expiration Date ____________________________ Security Code __________
Name on Card ____________________________________
Niagara Falls Adventure
The Sights, Sounds, & Scenery of Michigan
Alaska by Land and Sea

3 Ways to receive more information about these exciting trips

• Fill out and mail in this form using the enclosed envelope
• Visit www.trnty.edu/SALT
• Contact Ruth De Bruyn at 708.239.4827 - ruth.debruyn@trnty.edu.

Yes, I’d like to receive a detailed brochure about the following trip(s):

☐ NIAGARA FALLS ADVENTURE
   June 24–28, 2014 (register by Feb. 26 to save)

☐ THE SIGHTS, SOUNDS, AND SCENERY OF Michigan
   October 8-11, 2014 (register by April 15 to save)

☐ ALASKA BY LAND AND SEA
   Trinity SALT to Alaska in August or September of 2015

Name________________________________________________________________________
Address _______________________________________________________________________
City __________________________ State ________ Zip Code _______________________
Phone __________________________ Email ______________________________

Discounted Rates Available for Prompt Registration on Niagara, Michigan & Alaskan Tours. Registration Now Open.
If you have any questions regarding parking, contact 708.597.3000.
SALT – Your Brain Has Never Had This Much Fun! Courses, Day Events, and Travel for the Seasoned Learner

Travel With Us

- Niagara Falls
- Michigan’s Fall Colors
- Alaska